



ITEA NEWSLETTER

July 2006

Class of '06 Honored at End of Classes Ceremony



Michael Dehn, Leanne Preble, Randi Savage, Lisa Ostermiller

The End of Classes Ceremony for the 2006 class of ITEA took place on the afternoon of April 30th at the Louisville Recreation Center. Graduates Michael Dehn, Lisa Ostermiller, Leanne Preble, and Randi Savage were honored.

The ceremony took place amongst family, friends, faculty, alumni, and the classes of 2007 and 2008. Speakers included Sandra Lillie, ITEA President; Hilary Skellon, ITEA Director; Dr. Judy Worsley, Annette Bagnall, and representatives from the classes of 2007 and 2008. While each spoke on a slightly different topic, together they wove the message that Classical Five Element Acupuncture is a powerful form of medicine and pursuing it is an honor. The graduating class was encouraged to unbind their wings and fly.

A slide show, prepared by Randi Savage, highlighted the classes' adventures into learning CF-EA over the last three years. Photos of classroom activities, students' families and classmates had everyone in the room laughing and crying. The presentation also gave viewers a deeper glimpse into the lives of each of the 2006 graduates.

Gifts were presented to faculty who have helped light the way, staff who made the experience so much easier, and to each of the speakers. The Class of 2006 also presented a gift to ITEA.

The post-ceremony party included wonderful food, generously provided by the members of the 2007 and 2008 classes and others.

The afternoon's energy remained high thanks to the music graciously provided by Shungu. This marimba band celebrates the rhythm of life and has become a traditional way to conclude ITEA End of Classes events. Their joyous beat ushered the graduates into their new life of healing. Many guests took to the dance floor before the afternoon's festivities drew to a close.



Shungu (Hilary Skellon in front) plays at End of Classes Ceremony

Path To Mastery Seminar is Rich and Rewarding

by Jill Adams, L. Ac., Dipl.Ac., Class of 2001

The Practitioner's Clinical Training Seminar, held in Boulder Colorado April 27-28, was taught by Judy Becker Worsley, J.D., D.Ac. (U.K.). This seminar was a truly unique learning experience - deeply engaging and openly encouraging, facilitated by the Master Teacher of this ancient lineage of Classical Five-Element Acupuncture. Personal learning was heightened by a high ratio of teachers to students, including the enthusiastic and remarkably skilled teachings of Johanna Alper, Annette Bagnall, Suzanne Burnell, Neil Gumenick, Eliot Ivanhoe, and Hilary Skellon. The Institute's video team of Charles "Lens" Burnell and Kim Ellen "SL" Bartlett provided technical support.

The seminar provided seamless education for undergraduate students up to master practitioners, and represented the Five-Element community of clinical students and recent graduates of many schools and programs, seasoned practitioners and Master Apprentice Program (MAP™) participants.

The direct experience of the work included pulse feedback, examination of both class participants and patient consultations, diagnosis of Causative Factor, treatment planning, use of the Spirit of the Points, odor exercises, and numerous opportunities to see, smell, feel, and hear. The fearless demonstrations of participants who stretched themselves were rich, powerful, fulfilling, and most importantly - FUN! Dr. Kevin Kane, D.O., genuinely and enthusiastically asserted his experience as, "This is gold! I've been to lots of trainings - there's nothing else like this on the planet!" Thank you Dr. Judy Worsley! Let's do it again!



Judy Worsley (center), with assisting teachers Suzanne Burnell, Annette Bagnall and Neil Gumenick.



At End of Classes Ceremony – Mary Ellen Metke, Judy Worsley, Jim Damman and Jane Cohen

First Visitors' Day a Big Success

On March 24th, ITEA held its first Visitor's Day for prospective students. Attendees from New York, Chicago and Wyoming, as well as folks from various parts of Colorado, participated. The day began with registration at noon. Presentations in the afternoon included meeting the President and Director, various staff members, students, and alumni. Information was presented on Classical Five-Element Acupuncture history, the program at ITEA, admissions, and moving to Colorado for the clinical years. The day ended with a round table discussion where visitors were free to ask alumni and faculty questions and alumni shared their personal stories on how they came to CF-EA.

The day also included humor as Mary Able, acting as tour guide, escorted visitors on a "campus tour". It was very creative and allowed our visitors to see the school's playful side.

The seasonal potluck at the end of the day offered another opportunity for visitors to meet members of the local CF-EA community. Visitor's Day also enabled ITEA staff, faculty, and alumni to step back and 'see the big picture' and 'remember' why we do this work.

Feedback from prospective students and from presenters was very positive. We look forward to holding this event again at least once a year. Thanks to Claudia O'Neill for coordinating this effort and to all the volunteers who helped make the event a success.

Rapport Building Seminar Presented by Kathleen Robinson and Neil Gumenick at AOMA Conference

The 13th annual conference of the AOM Alliance was held in Keystone, CO in May 3-7, 2006. A number of inviting and spirited seminars were held throughout the weekend, including one entitled "*Rapport Building*" presented by Kathleen Robinson, Institute of Taoist Education and Acupuncture faculty member, and Neil Gumenick, founder and Director of the Institute of Classical Five Element Acupuncture. Though the early morning seminar ran from 8 A.M. to 12 noon, the class was eager to learn. The morning began with introducing the concept of rapport. Participants watched a J.R. Worsley video and enjoyed his use of graceful humor while doing rapport exercises. The quality of his presence with each individual was inspiring.

After the video, seminar participants broke into groups of three. Treatment tables were set up around the room and each person was given the opportunity to experience rapport as a patient, practitioner, and observer. Experiencing rapport-building from all three of these angles facilitated the greatest learning. Participants were eager to jump in. Sometimes they were uncomfortable, other times they laughed uproariously. All genuinely felt they learned something substantial which they could take into their own treatment rooms to achieve deeper communication with their patients. Ultimately, that was the intention of this seminar.

The practice of rapport-building is essential to the CF-EA practitioner. As J.R. wrote in *Traditional Diagnosis Volume II*, "The greatest reward for us as practitioners comes from our ability to see behind such masks and find out why they are worn." (p. 79). With our rapport skills developed and honed, we become the best practitioners in service to our patients that we can be.

ACAOM Update: Site Visit April 29 and 30, and May 1, 2006

by Sandra Lillie



ITEA Board and Advisors at the site visit, left to right: Mary Able, Michelle Bowman, Laurie Hill, Elena Giuliani, Sandra Lillie, Hilary Skellon, Jane Butz, Claudia O'Neill, Elaine Shiramisu, Doren Day, Mary Ellen Metke, Lynn Martin and Timalyn O'Neill.

While we cannot make any concrete statements about how accreditation is going, ITEA just had what we hope will be our last event before obtaining full accreditation with ACAOM: the site visit. For three days, four people from private practice and other colleges came to investigate every nook and cranny of our school, its records, and all of the people connected with it.

For several weeks a great many of the people connected with the school worked in preparation, polishing and cleaning the school and getting paperwork organized. It made us all feel good, as teamwork always does. I can think of nothing more nurturing and satisfying to me than having the close-knit group of people connected with ITEA all working in harmony toward a great goal. I am still operating in the afterglow of that. Thank you all once again.

The site visitors were all very helpful, things went smoothly, and we seemed to have most of our 'duckies in a row' as far as I can tell. They have written their report and sent it to me, I have made minor corrections, and the report has been sent to the ACAOM commissioners to be reviewed at the August meeting. At that time, they will decide whether we will be accredited or not, and it may take up to a month for them to let us know. So we must wait a little longer. Thanks for your patience.

Energizing CCAOM Meetings at Keystone May 3-7, 2006

by Sandra Lillie

The Council of Colleges is a national acupuncture organization made up of schools that are either in candidacy status for accreditation by ACAOM, or that are accredited by ACAOM. The organization supports and educates member schools, is a leader in AOM education, and furnishes intellectual and other resources for member schools. I have found invaluable help from other members during the last three years, and have also been involved in many of the accomplishments of the CCAOM in that time. This year's meetings in Keystone, Colorado, were attended by Mary Able, Jim Damman, Claudia O'Neill and myself.

The week began with committee meetings. Claudia and I attended the Entry Level Standards Committee, of which I am a member. This committee is researching the effects of changing standards for entry level into the profession for schools, for the public, and for the nation.

At the same time, Mary attended the meeting of Libraries of Acupuncture and Oriental Medicine committee. ITEA has a very good image there, as Nancy Valentine did a great deal of research for them. The committee is working on getting research resources for member colleges – research is a coming emphasis for acupuncture education. Mary was excited and enthused after the meeting.

That evening, Claudia and I went to the first meeting of the Research Information committee and I wound up being on that committee because the chair wanted to do research that could be incorporated by very diverse disciplines. It is a good way to manifest what ITEA needs, and learn at the same time.

The next day was dedicated to the Three-year Strategic Planning session for the CCAOM. Claudia and I attended. The facilitator is amazing and pulls goals and objectives from very diverse groups. She has been working with the CCAOM for three years, and the organization has had superior direction and motivation during that time. It was another great day, and the

goals and objectives are available from me by request.

The CCAOM General Meeting was held on the 5th, with the open meeting in the morning and the closed session in the afternoon. Jim, Claudia, and I were in attendance in the morning. Committee reports were given - from the three committees mentioned above, the Faculty Development committee, the CNT committee, the Membership committee, the Marketing committee, the Herbal committee, the Special Needs subcommittee, and the Professional Acupuncturist Response Team (for such things as Katrina). The morning part of the General Meeting also included reports to the CCAOM from other National Organizations – the Alliance, the AAOM, the AOBTA, FAOMRA, NADA, NAF and High Falls Garden.

During the afternoon closed session the membership approved the Strategic Plan completed the day before, heard more sensitive reports from ACAOM and NCCAOM, and discussed the USDE hearing of NOMAA and some state licensing issues. I alone was present for the afternoon.

Saturday the 6th, the CCAOM gave member participants a free seminar on legal issues of schools relating to students. Jim, Claudia, and I attended. As usual, this seminar was really valuable, and I will be condensing it and presenting it to the faculty and the administration.

It was another great CCAOM meeting, seeing good friends and having more of our staff in attendance.

Word of mouth is the best

advertising! Alumni and practitioners are ITEA's best referral sources — for generating new students and clients at the ITEA student clinic. Let Claudia know if you want her to contact a potential student or feel free to recommend that someone visit our newly updated ITEA web site, www.ITEA-school.com. We appreciate your support!

Chinese Classics Scholar, Elisabeth Rochat, Lectures at ITEA

ITEA is pleased to again welcome Chinese Classics scholar Elisabeth Rochat back to Colorado. She will be teaching at ITEA from November 6th through 8th, 2006. On Monday November 6th, Elisabeth will lecture from 9:00 AM to 6:00 PM. On Tuesday November 7th and Wednesday November 8th, she will lecture from 9:00 AM to 1:00 PM. The seminar will be held at the Best Western Boulder Inn, 770 28th Street, Boulder, CO.

Topics to be covered include: Yin/Yang, Heaven/Earth, Five Elements, Life, Essences, Qi, Zang, Fu, Po, Hun, Shen, Meridians, Luo and Communication.

Elisabeth, scholar of ancient Chinese history and philosophy for over 25 years, was primary lecturer and researcher at the Ricci Institute and is a senior lecturer for the European School of Acupuncture. She holds degrees in Philosophy and the Classics, and Chinese Studies. She is the co-author of many exquisite books on Chinese philosophy. Elisabeth enlightens students through explanation of the meanings of Chinese characters and their evolution through history.

Elisabeth Rochat's lectures are open to ITEA students, ITEA faculty, and the general public. The cost for the first full-day is \$100; each half day costs \$50, ITEA students and faculty excepted. To register, call Claudia at 720- 890-8922.

Summer Reflections

by Doren Day L. Ac., Dipl. Ac., Class of 2003

The hummingbirds have returned, buzzing and dive-bombing around my house. I smile each year the first time I hear that sound: it means Summer has arrived.

The season of Summer is associated with the Element of Fire. Both the season and the element play a very important role in our lives. In the Summer we feel ourselves relaxing and expanding. We become more open to the world around us. We connect with others; we play.

Think of a blossom opening its petals. What a beautiful expression of a plant's maturity. By opening itself, pollen can be exchanged and the process of life continued. The flower is so vulnerable, yet it holds nothing back. How are you opening *your* petals? Have you fully expanded into Summer? Are you in touch with the confidence, trust and joy of the Fire element?

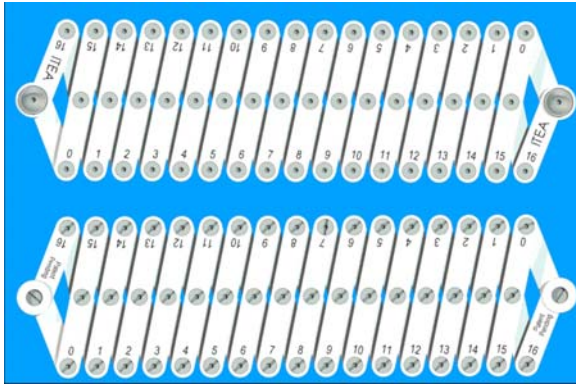
The role that the Fire element plays in our lives is as vital as the season of Summer is to a year. Without that blossoming, without expansion and openness and joy, our lives would lack so much. When there is imbalance in the element of Fire it is as though summer never comes. Our lives may feel tight and rigid. We may feel isolated, lonely and distrustful. Sadness can take over. If you've ever felt sad and lonely at an occasion that was meant to be a happy celebration, then you have a sense of what life is like when the energy of Fire is missing. Some may try to fill the loneliness with lots of upbeat, social activities, but at the heart of things, there is no true blossom of joy.

The best way to address imbalances within the elements is through treatment by a Classical Five-Element Acupuncturist. Here are some other ways that you can support your own health and enjoy the season of Summer:

- Get into the rhythm: Ever notice how soaking up some sun slows you down? Enjoy the pace of a slow summer day, soak up some rays, listen to some mellow music, eat summer foods.
- Laugh! Catch those funny moments and go with the impulse to laugh, get funny movies, go to a comedy club or just hang out with some friends and get silly.
- Feel the love: Without saying anything, let yourself feel love as you look into the eyes of someone you care about.
- Let your hair down: Go to or throw a party, go out dancing or drumming. Let your bigger, freer self come out to play.
- Love yourself: In addition to getting out into the world, give yourself time by yourself. We all need some inward self-care in life. Make it a day of kindness to yourself.

New ACI Locators Available Soon!

by Joshua Marrow



I am in the final stages of producing a newly refined and improved ACI locator. The new locator is made of Delrin™ and surgical stainless steel. It is numbered from 0 - 16 on the top and bottom of *both* sides to insure proper alignment. The locator will lock in place when it is open so that it does not change size while it is in use. The materials will not wear down with use, and the instrument will remain precise. For ease of transport, a custom ITEA carrying case is included as well.

ACI locators are expected to be available for purchase by the end of the summer. The cost for each is \$45 (plus shipping and handling). If you would like to be notified when they are available for purchase, please email Joshua Marrow at: ontology@earthlink.net. A special reduced price of \$38 (plus shipping and handling) is available for those who sign up via this early notification offer.

Alumni News

Doren Day, Class of 2003, is enjoying practicing in Castle Rock, CO where she lives with her husband, Dave and their two daughters. She recently won "Best Acupuncturist" in the local paper's "best of..." survey!

Jane Butz, Class of 2004, is practicing in Denver, CO. She recently had an article published in the *Denver Daily News*, entitled "Put Balance Back In Your Life With Acupuncture".

Beth Kearns, Class of 2004, continues to practice at her office at 1009 Grant Street in Denver. Beth has joined a varied group of health practitioners practicing at a second location at the Tashiro Wellness Center, located at 963 S. Kipling Parkway in Lakewood.

Mary Able, Class of 2005, completed her clinic training from ITEA in April 2006. Her office is in Lakewood, CO, near Wadsworth and Colfax. Her practice includes Classical Five Element Acupuncture, massage therapy, and related bodywork.

Faculty News

Larry Welsh, M.Ac., WICA '93, Teaches Tai Chi at Naropa University and will teach a weekend seminar at Shambhala Mountain Center: "Meditation and Tai Chi: Finding Stillness Within Movement, August 11th-13th. For the last three years he has been integrating nutritional therapies into his practice.

In the Spirit of Giving

- Buy ITEA T-shirts (\$18) and sweatshirts (\$25). The front of the T-shirts and sweatshirts are imprinted with the ITEA logo. The back features a Chinese character with additional lettering.
- Purchase a beautiful canvas tote bag with ITEA logo (\$10).
- Doren Day's soft cover book, "Let it Flow", is available for \$3. The book describes how acupuncture and fluid intake are vital for one's health. Have copies available at your office or sell them to your clients.
- "The Colonial Community Program", sponsored by Colonial National Mortgage, offers a variety of loans. If you participate in this financing program, the company will make a donation to ITEA. For more information, contact Suter DeBose at 303-443-4427.
- ITEA is a non-profit 501(c)(3). Your contributions are tax deductible. Give a donation of \$150 and receive 10 Five-Element greeting cards as a gift.

Let's Get Back to Basics Advanced Training Seminar with Hilary Skellon and Kathleen Robinson

On July 7th through July 9th, ITEA is hosting another Advanced Training seminar for practicing practitioners. This seminar will focus on getting back to the basics, with featured presenters Hilary Skellon and Kathleen Robinson. The seminar will be from 9:00 AM – 1:00 PM, and 2:00 PM – 5:00 PM daily.

Friday July 7th Hilary Skellon will cover how to mark out command points, review of III and IV officials, and a review of pulse taking.

Saturday July 8th will include a day of patient consultations with Hilary and Kathleen Robinson. Participants will be involved in treatment planning discussion and treatment of patients.

Sunday July 9th Hilary will cover: review of spirit of points on III and IV, an odor exercise, and a discussion on "How to get to the heart of a client's imbalance".

To enroll, mail your payment of \$280 (before June 5th) or \$300 (after June 5th) along with your registration, to Claudia O'Neil, ITEA, 608 Main Street, Louisville, CO 80027. Claudia can also be contacted at claudiaone@gwest.net or 720-890-8922. Participants earn 21 CEUs for this seminar.

“Get In The Spirit” IV 24 Spirit Burial Ground

by Hilary Skellon, ITEA Director

All acupuncture points are unique in that, when a point is chosen that exactly fits with what a client is needing at a given time - then it is perfect! Treatment planning is an art. With a few exceptions, we may come to the same place with different combinations and choices of points. Some routes may simply take a little longer. The joy of treatment planning is focus and presence with the clients, really becoming aware of those 'perfect points'.

IV 24 - Spirit Burial Ground, is an exceptional point - the *only* point that can resurrect a person's spirit if it becomes buried. As unique individuals we are made

up of a body, mind and spirit. Part of the beauty of this medicine is the recognition that, in order for healing to take place at a deep level, we need to address the cause of any imbalance, and also ensure that we recognize and treat the person as a whole - body, mind and spirit.



Our spirit is our inner light - giving depth and meaning to our lives. A vital and radiant spirit is a shining light within us, making our interactions, relations and experience of life have true purpose, quality, and connection to all of life's energy. This is the sparkle and light that can be seen in a person's eyes (the place where we can assess a person's spirit), and when truly present will radiate out to all those around them. In this place a person will feel peace inside themselves, affecting every aspect of their lives.

If a person's spirit becomes buried, it is as if a mound of dirt is covered over it and this also makes it impossible for treatment to 'reach' that buried spirit. A buried spirit will show through the person's eyes, lacking that true radiance and inner glow. With a few exceptions, this point *must* be treated first if we suspect that a client's spirit is not fully available, as it is the *only* point that can resurrect the spirit. When we use this point appropriately, many different changes can be seen or felt in a client. Physical problems of any description can improve, as well as the client feeling stronger and better in themselves, which really *is* clear evidence that our spirits can have profound affects on our physical body.

Spotlight Profile Debbie McDonald



Occasionally, the newsletter features an interview with an ITEA faculty member, clinic supervisor or member of the administrative staff. This issue spotlights Debbie McDonald!

Your job title...I'm an accountant and administrative staff person at ITEA.

A typical work day includes...I work part time, Tuesday, Wednesday, and Friday. My daily tasks include entering patient payments and taking deposits to the bank. Other varied tasks include: payroll and month-end bill payments. I do a lot of work to prepare for class intensives, including creating student schedules and teaching logs, and preparing and mailing teachers' contracts. After the

intensive, I enter information from the teachers' logs and students' faculty evaluations.

I was born in...Toledo, Ohio. I'm the sixth of 12 children!

I now live in... Erie, CO with my husband, Chris, and our four children. Natalie is 7, and my triplets—Benjamin, Daniel, and Samantha—are 5 years old.

Your heroines/heroes...My mom. Not only did she have 12 children but she has dealt with life's bad blows and remained upbeat, caring and involved.

What I really love to do is...Read (pretty much on hold for now!), swim, ride bikes and swing.

When I'm not at work away from home...I'm chasing after kids, doing laundry, cleaning...You get the idea!

Your proudest accomplishment...My family. Although I do not "recommend" having triplets as the way to go, after years of fertility testing and disappointments, I know how lucky I am to have my kids in my life.

Philosophy for living...Balance is the key to the whole ballgame. It's very hard to do but that's what I'm striving for. Balance between myself, my kids, my husband and my extended family. I'm trying to raise kids who are well rounded, well-behaved but still fun-loving, and aware of their good fortune in life.

Qualities you like most in a person...Dry humor and someone who doesn't put on "airs".

Favorite place to go on vacation...Hawaii.

Favorite thing to do on a quiet evening...What's a quiet evening?! No really, a bike ride with the kids up to the neighborhood pond to watch the ducks or watching the kids put on a "show". They love to dance and dress-up and out-do each other.

Most useless thing you ever purchased...Birth control!

Your idea of happiness...Hanging out poolside with my family with someone else cooking for us! Anyone up for it?!

If you weren't in your current occupation, what occupation would you choose? I started receiving acupuncture treatments after I started working here and I find what you all do amazing! I would love to be able to help people in such a profound way if someday I had the time to attend ITEA.

Editor. We are sorry to say that Debbie has had to return to the East Coast suddenly to take care of family matters, and will no longer be working for ITEA. We will surely miss her cheerful smile and competence, and wish her and her family the best of fortune.

An Interview with Jim Damman, ITEA Faculty

Where were you born and raised? I was born in Royal Oak, Michigan, a suburb of Detroit and spent my boyhood in Houston, Texas (4 years) and Manitowoc, Wisconsin (4 years) before returning to the Detroit suburb of West Bloomfield.



What work and/or studies did you pursue before you decided to study acupuncture? I have a degree in industrial engineering and a degree in liberal arts from the University of Michigan. I had to get the degree in liberal arts to survive industrial engineering. In the process I got to learn Spanish, nutrition, and physiology. After college I went into the Peace Corps in Ghana, West Africa and I worked at a residential psychiatric rehabilitation facility in Massachusetts.

How did you initially get interested in pursuing a career in acupuncture? Where did you receive your training? I had my first acupuncture treatment for sinus problems while at a yoga workshop in San Francisco in 1984. I walked in to a student clinic off the street in desperation to try a different approach to healing. Although it did not last a long time, miraculously I was able to breathe through my nose for the first time in weeks. Thereafter, I had quite a bit of TCM treatment. In 1992 I met Lonny Jarett in Western Massachusetts. He gave classes on five element

acupuncture and I got treatment from him. He's a brilliant teacher. I eventually decided to go to school where Lonny went to school - at what is now Tai Sophia in Maryland. My class was the last class to spend several weeks in England with JR, Judy, Hilary and other great CF-EA teachers.

How long have you been practicing acupuncture? Where do you have your private practice? I graduated from Tai Sophia in 1995. I practice in Loveland, Colorado.

What are you currently doing related to acupuncture besides your private practice? I teach many different subjects at ITEA and I am a supervisor in the clinic on Thursday mornings. When Hilary is away I am the Deputy Clinical Director. To help become a better teacher and practitioner I am a part of a Toastmaster's club.

What do you enjoy about teaching and supervising? There are so many things I enjoy about teaching: the variety of students and what each one brings to the medicine, the deepening of my understanding of CF-EA, and the challenge of making the learning fun, interesting, and clear.

What do you enjoy doing most outside of work? My favorite thing to do is spend time with my wife Liz and our two long-haired cats Meep and Zoe. Actually the cats are about to go in for their spring trim so they will be short-haired cats for a while. Cross country skiing, bicycle riding, and yoga are my favorite past times when I am not working or spending time with family or friends. My extended family is out east and I enjoy seeing them a few times a year.

When did you take up cycling? I guess one could say I took up cycling when I did my first longer ride at age 13. It was a 50 mile bike ride called "Bike Hike for the Retarded." Today it would be called a fundraiser for the developmentally disabled. I had so much fun seeing the countryside and challenging myself that I keep up with cycling today.

What do you like most about cycling? Being outdoors, seeing nature - the clouds, the trees and sometimes wildlife. I also like the challenge of keeping fit within my various limitations such as time, schedule, and increasing age.

What kind of cycling events have you participated in? When I was younger I did some road racing for a few years until it started to seem like too much work and not enough fun. I also did a few loaded tours - carrying camping gear on the bike for a week or more worth of travel. That was a lot of fun! Since then I have done a number of organized rides in different areas of the country. This summer I plan to ride the Triple Bypass that goes from Evergreen to Vail and another ride with my wife Liz in Glacier National Park in Montana.

If you could have a conversation with a notable person (living or dead) who would that be? Paramahansa Yogananda (a great yogi who passed in 1952). I admire his wisdom, humor and compassion. He seems like a fascinating and magnetic person to be around. I have studied his teachings and found benefit in them.

What words of advice would you have for a recent graduate or someone starting their acupuncture practice? Find your own way as a healer. Look for ways to connect with prospective clients. For example, parties have been a great place for me to meet potential patients. The journey of developing a practice is rewarding and will teach you much about yourself, about life, and about wellness.

ITEA Calendar of Events

July 2006

The ITEA Clinic is now offering package deals of initial TD plus five treatments, and three-treatment packages!!!

1st 8:00 AM – 11:00 AM. ITEA Rise and Shine Pancake Breakfast Fundraiser and Community Outreach. Caranci Pavilion Community Park at 955 Bella Vista Drive, Louisville. Tickets: \$5. Pancakes, bacon, sausage, fruit, juice, chai, coffee, tea and water included. For additional details contact Margaret Sanger at 303-748-8437 or email mary-thursday@lycos.com.

7th through 9th ITEA Advanced Training Seminar. "Let's Get Back To Basics" with Hilary Skellon and Kathleen Robinson. Daily 9:00 AM – 1:00 PM, and 2:00PM – 5:00 PM. Topics covered include: review of command points, review of II and IV officials, review of Spirits of points on III and IV, odor and pulse exercises. One day includes consults with clients. CEUs: 21. Cost \$280 before June 5, 2006, \$300 thereafter. Send registration and fee to: Claudia O'Neill, 608 Main Street, Louisville, CO 80027. For additional details contact Claudia at 720-890-8922.

15th Application deadline for prospective students who begin classes September 2nd, 2006.

21st 4:00 – 6:00 PM. NOFEA sponsored meeting on Community Outreach. Meadows Branch Public Library 4800 Baseline Rd., Boulder. Call Laurel Miller for details, at 303-772-0080. Future NOFEA meetings may be moved to a weekend time slot. Laurel and Doren Day are seeking input from the community to determine the best time for meetings. Please contact Laurel with your ideas.

August 2006

18th Seasonal Potluck. 6:00 PM. Held at the school, 608 Main Street, Louisville, CO 80027.

September 2006

2nd. First day of classes for the new Class of 2009.

30th ITEA Annual Harvest Challenge Walk/Run. Participants will gather at Caranci Pavilion Community Park at 955 Bella Vista Drive, Louisville. For additional information or to register, contact Mary Ellen Metke at 303-442-2545, or ITEA at 720-890-8922. Register now and get a head start on collecting donations!

November 2006

6th, 7th, 8th Elisabeth Rochat, scholar of ancient Chinese history and philosophy, lectures at ITEA. Nov. 6th, 9:00 AM – 6:00 PM, Nov. 7th & 8th, 9:00 AM – 1 PM. Cost: \$50 for each half day attended, ITEA students and faculty excepted. Located at Best Western Boulder Inn, 770 – 28th St., Boulder, CO. To register, or for details, contact ITEA at 720-890-8922.

December 2006

1st Winter ITEA Seasonal Community Potluck, Held at school, 608 Main St., Louisville. Join us for a festive celebration and potluck while watching the Louisville Parade of Lights.

January 2007

ITEA Advanced Training Seminar with Hilary Skellon. Contact ITEA for additional details.

February 2007

11th through 14th Core Zero Balancing I with Jim McCormick. The workshop will be held at the Best Western Boulder Inn, 770 – 28th St., Boulder, CO. Cost: \$595 (\$495 before January 11, 2007). To register send check for full amount to ITEA, 608 Main Street, Louisville Colorado, 80027. For additional details contact ITEA at (720) 890-8922.

April/May 2007

End of Class Ceremony for ITEA Class of 2007. For additional details contact ITEA at (720) 890-8922.

Advanced Teacher's Training with Judy Worsley for CF-EA practitioners who have already completed Basic Teacher's Training. For additional details contact ITEA at (720) 890-8922.

Patient Consultation Days with Dr. Judy Worsley in Boulder, Colorado. End of Class Ceremony for ITEA Class of 2007. For additional details contact Rose Sposito at (303) 449-1121.

Patient Consultation Days with Dr. Judy Worsley in Denver, Colorado. For additional details, contact Jill Adams at (720) 301-6391.



Newsletter Managing Editor, Jane Butz
Design Layout and Final , Sandra Lillie

Thanks to the following people for contributing article information and photos for this newsletter:
Jill Adams, Jim Damman, Doren Day, Sandra Lillie, Debbie McDonald, Josh Marrow, Mary Ellen Metke, Claudia O'Neill, Lisa Ostermiller, Leanne Preble, Kathleen Robinson, Pamela Russell, and Hilary Skellon.

Who Were You in Your Other Lives?

by Sandra Lillie

ITEA is on the verge of a tremendous growth spurt as we approach full accreditation.

We are expecting full enrollment each year, and that means starting each class with from 20 to 25 students. We will need a new or expanded building to house that many students, and need to explore fundraising in greater detail and with more vigor.

We are investigating being responsible to a different educational department within the Colorado government, and are anticipating different expectations and requirements from that new department. Along with the new department will come the ability to grant a Masters degree. This means there will be lots to do in order to offer retroactive degrees to those students in the class of '03 and later classes.

Since ACAOM has just recently been approved for their accreditation of candidacy status by the Department of Education, we are now eligible to offer student loans, and are investigating getting set up for Title IV funding.

We are exploring the research emphasis in our library, as that is probably in our future. In our library, we also want to include writings by our faculty and alumni. Mary Able is heading up a library committee do investigate these and other exciting things.

Our alumni have requested services, which we are looking at providing to them. This will require time and tracking.

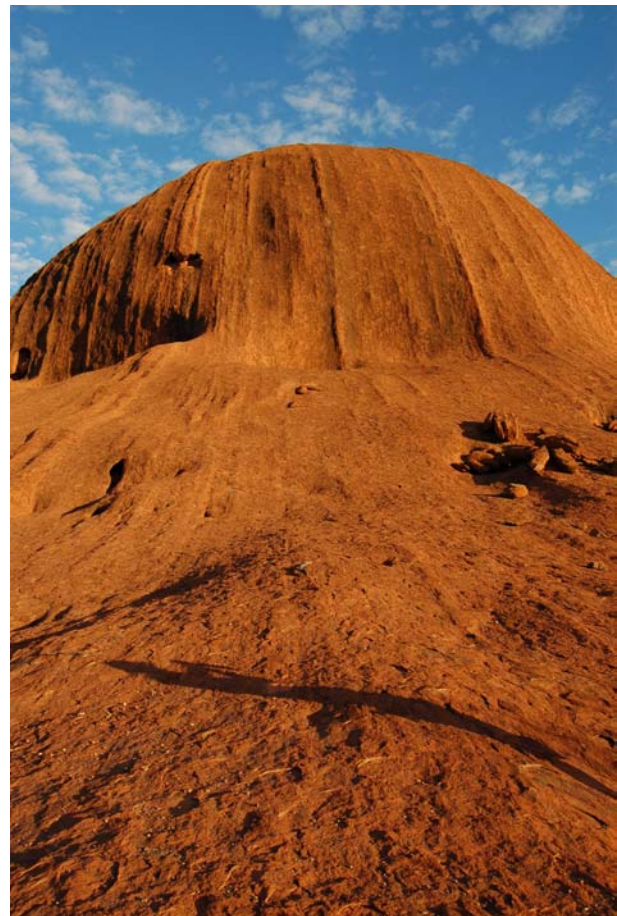
We may be in a position of doing work in obtaining visas for teachers from Europe, and doing all the work required for that.

We would like to expand our scope of local influence and public education by sponsoring seminars, speakers, and talks relating to what ITEA does.

I know our students, alumni and faculty have expertise in lots of these areas, as many of you have stopped me in the hallways of the school and volunteered to be of help if ever needed. We have not been in a place to move forward with all these things until now, but we would love your help at this juncture in ITEA's existence. So please give me a call or leave me a message at 303-440-3492 if you have:

- Any skills related to things listed above
- Any ideas about how you can help which are not covered in this article
- Any spare time to do other things around the school, and would love to be involved
- Other ideas about what ITEA needs to be doing at this time

**Thanks in advance for your response!
What a great community we have!**



Uluru at Dawn – Toward the Future